

# the CONCORD Grapevine

## May

## Facts That You *Didn't* Know About Cinco de Mayo!

**Cinco de Mayo is Spanish for "May 5th", or literally, "Five of May."**

**NOT A CELEBRATION OF INDEPENDENCE** Cinco de Mayo is not a celebration of Mexico's Independence (which is actually September 16th), but rather a celebration of Mexico's victory in the battle at Puebla on May 5th, 1862 during the Franco-Mexican war. It was an unlikely win for the Mexican militia who were heavily outnumbered by the French. The victory became a source of pride for the country and is the reason we continue to celebrate today.

**MEXICO WON THE BATTLE, BUT NOT THE WAR**

Although the Mexican Army won the battle at Puebla on May 5th, 1862 the French went on to win the war, occupying the region for five years.

**ABRAHAM LINCOLN SYMPATHIZED WITH THE MEXICAN CAUSE BUT...**

Was unable to lend direct support to the nation due to the U.S. Civil War, which was taking place at the same time. When the Civil War finally ended, the U.S. forced France to withdraw its troops from Mexico and their empire collapsed.

## Don't Forget!

### May is Healthy Vision Month

- May 5 Cinco De Mayo
- May 7 Kentucky Derby
- May 8 Mother's Day
- May 21 Armed Forces Day
- May 30 Memorial Day



**NOT A FEDERAL HOLIDAY IN MEXICO** Cinco de Mayo is not a federal holiday in Mexico and is a relatively minor holiday outside of Puebla, Veracruz and the United States. In Puebla and Veracruz, however, Cinco de Mayo is a very important state holiday celebrated with parades, festivals and reenactments.

**ROOSEVELT HELPED POPULARIZE CINCO DE MAYO**

**IN THE U.S.** Cinco de Mayo became a popular holiday in the U.S. after President Franklin Roosevelt enacted the "Good Neighbor Policy" in 1933 to improve relations with Latin American countries.

**LOTS OF AVOCADOS** According to the California Avocado Commission, Americans consume up to 81 million pounds of avocados on Cinco de Mayo every year. Holy guacamole!

**THE WORLD'S LARGEST CINCO DE MAYO PARTY IS HELD**

**IN...** Los Angeles, California! Other U.S. cities that throw big celebrations for Cinco de Mayo are Denver, New York, Phoenix and Houston.

**SOME EVEN CELEBRATE WITH CHIHUAHUA RACES** One U.S. city celebrates Cinco de Mayo with a Chihuahua race. Can you guess which city? It's Chandler, Arizona. Even Vancouver celebrates, marking the day with a "skydiving boogie" that consists of aerial acrobatics and an air show.

**AMERICANS LIKE THEIR TEQUILA** According to the Daily Meal, the United States consumes twice as much Tequila as Mexico, where the spirit originated.



- Movie Madness 2
- Recipes 3
- Safety 4
- Coloring Fun 5

Log in to [ConcordCentral.com](http://ConcordCentral.com) to view your Community's Event Calendar!

# MOVIE Madness!

## Coming to Theatres this Month...



### Marvel's Captain America: Civil War - May 6th

Marvel's Captain America: Civil War finds Steve Rogers leading the newly formed team of Avengers in their continued efforts to safeguard humanity. But after another incident involving the Avengers results in collateral damage, political pressure mounts to install a system of accountability, headed by a governing body to oversee and direct the team. The new status quo fractures the Avengers, resulting in two camps—one led by Steve Rogers and his desire for the Avengers to remain free to defend humanity without government interference, and the other following Tony Stark's surprising decision to support government oversight and accountability.

### Money Monster - May 13th

A TV personality's insider trading tips have made him the money guru of Wall Street. When a viewer, who lost all of his family's money on a bad tip from Lee, decides to hold Lee hostage on air, ratings soar as the entire country tunes in to this media frenzy to find out just how much a man's life is worth.



### Angry Birds - May 20th

The movie takes us to an island populated entirely by happy, flightless birds – or almost entirely. In this paradise, Red, a bird with a temper problem, speedy Chuck, and the volatile Bomb have always been outsiders. But when the island is visited by mysterious green piggies, it's up to these unlikely outcasts to figure out what the pigs are up to.

### USS Indianapolis: Men of Courage - May 27th

Throughout WWII, the USS Indianapolis was known as one of the fastest ships in the entire US Navy. Under the command of Captain McVay, its crew fought bravely in every major US campaign in the Pacific. As President Truman negotiates Germany's surrender, he gives McVay a new mission. The US Government has developed a secret weapon, which McVay and his crew are to transport to Guam. The mission goes off without a hitch, and McVay is ordered to take the crew to an island in the Pacific where the men are to report for training. But along the way, disaster strikes. A Japanese submarine under the leadership of Commander Hashimoto surprises the Indianapolis and launches several torpedoes into the great ship. In only twelve minutes, the ship goes down. Of the 1,200 men onboard, only 900 survive the sinking. They wait in the water, believing that their rescue is imminent. When day breaks, the weather turns unbearably hot. Thirst and hunger set in, and the attacks begin. Hundreds of sharks surround the men and attack without mercy or provocation. After several days in the water, the men start to lose hope. Overwhelmed with thirst, many begin to hallucinate. As the days mount up, and more and more men die, the survivors find a new determination to survive.



# RECIPES

## Tasty Dishes for May

### Traditional Mexican Guacamole

#### Ingredients:

- 2 avocados, peeled and pitted
- 1 cup chopped tomatoes
- 1/4 cup chopped onion
- 1/4 cup chopped cilantro
- 2 tablespoons lemon juice
- 1 jalapeno pepper, seeded and minced (optional)
- Salt and ground black pepper to taste

#### Directions:

Mash avocados in a bowl until creamy. Mix tomatoes, onion, cilantro, lemon juice, and jalapeno pepper into mashed avocado until well combined; season with salt and black pepper.



### Chicken Enchiladas



#### Ingredients:

- 1 tablespoon butter
- 1/2 cup chopped green onions
- 1/2 teaspoon garlic powder
- 1 (4 oz.) can diced green chiles
- 1 (10.75 oz.) can condensed Cream of Mushroom soup
- 1/2 cup sour cream
- 1 1/2 cups cubed cooked chicken breast meat
- 1 cup shredded cheddar cheese, divided
- 6 (12") flour tortillas
- 1/4 cup milk

#### Directions:

Preheat oven to 350 degrees. Lightly grease a large baking dish. In a medium saucepan over medium heat, melt the butter and saute the green onion until tender (about 3 to 4 minutes). Add the garlic powder, then stir in the green chiles, cream of mushroom soup and sour cream. Mix well. Reserve 3/4 of this sauce and set aside. To the remaining 1/4 of the sauce in the saucepan, add the chicken and 1/2 cup of shredded Cheddar cheese. Stir together. Fill each flour tortilla with the chicken mixture and roll up. Place seam side down in the prepared baking dish. In a small bowl combine the reserved 3/4 of the sauce with the milk. Spoon this mixture over the rolled tortillas and top with the remaining 1/2 cup of shredded Cheddar cheese. Bake in the preheated oven for 30 to 35 minutes, until cheese is bubbly.

# YOUR Safety

## Grilling Tips to Remember

Now that the weather is getting warmer, grilling in the great outdoors becomes more popular. In most communities it is against the fire code to have or use a propane gas grill in an apartment building and even charcoal grills may be limited as well. Please check with your local fire department to see if grilling is permitted.

Most of our communities have grill areas for our residents' use. Whether you use your community's grills or your own, please make sure that you are at least ten feet away from any building, and that you have some method to extinguish a fire in case it gets out of hand.

After you have finished grilling, please make sure that the coals are completely cool before disposing of them in an approved metal container. Please do not throw them in the landscape areas or in trash cans with trash, as the coals may ignite the combustibles, causing a fire.



# COLORING Fun

A Special Place Just for Kids!

## Make a Butterfly Clip

1. Decorate the butterfly with crayons or markers.
2. Cut out the butterfly. Fold the wings up along the dotted line.
3. Glue the bottom of the butterfly body to a clothespin. Let dry.
4. Use the butterfly clip to keep papers together or decorate your room.

