

# December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Scan your building lobby for elf sightings to win a prize! Check your newsletter for Game Sheet!</p> 	<p>COME JOIN US IN THE <b>SUN</b> PROGRAM</p> 	<p><b>1</b> 9:30/11:30 - Grocery 10:00 - Water Aerobics 1:00 - Mahjong</p> 	<p><b>2</b> 9:30 - Grocery 10:30 - Water Aerobics 10:30 - Wii Bowling</p>	<p><b>3</b> 9:00 - Water Aerobics 1:00 - Bridge 1:00 - Wii Bowling</p>	<p><b>4</b> 9:00 - Water Aero. <b>1:00 - Color Street Nails and More!</b></p> 	<p><b>5</b></p>
<p><b>6</b></p> 	<p><b>7</b> 9:00 - Water Aero. 1:00 - Wii Bowling 1:00 - Water Volleyball <b>2:00 - Gentle Chair Yoga</b></p>  	<p><b>8</b> 9:30/11:30 - Grocery 10:00 - Water Aerobics <b>1:00 - Health Literacy For All Beating Winter Blues Zoom Class</b></p> 	<p><b>9</b> 9:30 - Grocery 10:30 - Water Aerobics 10:30 - Wii Bowling</p>	<p><b>10</b> 9:00 - Water Aerobics 1:00 - Bridge 1:00 - Wii Bowling</p>  <p>First Day of Chanukah begins</p>	<p><b>11</b> 9:00 - Water Aero. <b>1:00 - Holiday Movie Friday</b></p> 	<p><b>12</b></p>
<p><b>13</b></p>	<p><b>14</b> 9:00 - Water Aero. 1:00 - Water Volleyball 1:00 - Wii Bowling <b>2:00 - Food Florist Delivery</b></p> 	<p><b>15</b> 9:30/11:30 - Groce. 10:00 - Water Aerobics 1:00 - Mahjong</p>	<p><b>16</b> 9:30 - Grocery 10:30 - Water Aerobics 10:30 - Wii Bowling <b>1:00 - Holiday Luncheon Delivered!</b></p> 	<p><b>17</b> 9:00 - Water Aerobics 1:00 - Bridge 1:00 - Wii Bowling</p> <p>Last day to drop-off for Toys-For-Tots!</p> 	<p><b>18</b> 9:00 - Water Aero. <b>1:00 - Holiday Music in your Lobby!</b></p> 	<p><b>19</b></p>  <p>Sounds of the Season</p>
<p><b>20</b></p>	<p><b>21</b> 9:00 - Water Aero. 1:00 - Wii Bowling 1:00 - Water Volleyball <b>2:00 - Gentle Chair Yoga</b></p>  	<p><b>22</b> 9:30/11:30 - Grocery 10:00 - Water Aerobics 1:00 - Mahjong</p>	<p><b>23</b> 9:30 - Grocery 10:30 - Water Aerobics 10:30 - Wii Bowling</p>	<p><b>24</b> 9:00 - Water Aerobics 1:00 - Bridge 1:00 - Wii Bowling</p>	<p><b>25</b></p> 	<p><b>26</b></p>
<p><b>27</b> Contact our office for transportation to your medical appointments Mondays and Fridays!</p> 	<p><b>28</b> 9:00 - Water Aero. 10:00 - Book Club 1:00 - Wii Bowling 1:00 - Water Volleyball</p>	<p><b>29</b> 9:30/11:30 - Grocery 10:00 - Water Aerobics 1:00 - Mahjong</p>	<p><b>30</b> 9:30 - Grocery 10:30 - Water Aerobics 10:30 - Wii Bowling</p>	<p><b>31</b> 9:00 - Water Aero 1:00 - Bridge 1:00 - Wii Bowling</p> <p>Happy New Year's Eve!</p> 	<p>Contact Cara to be seen in our on-site Salon! 518-783-8174</p> 	