

2014  
happy new year

January 2014



# Bayou Shadows

APARTMENTS

101 Westwood Drive  
Lafayette, Louisiana 70506  
(337) 233-4428

**Welcome**  
New Residents

*We are so happy that you chose  
to stay with us at Bayou Shadows.*

**f** find us on  
facebook!

*Happy birthday to all of our  
residents celebrating a birthday  
this month!!*



## Bayou Shadows Staff

Martha Carver ..... Community Mgr.  
Roxanne Soileau ..... Assistant Mgr.  
Margeaux Graham ..... Assistant Mgr.  
Bonnie Labbie ..... Assistant Mgr.  
Tiffany Chaisson ..... Assistant Mgr.  
Kishment McClosky ..... Assistant Mgr.  
Fred Begnaud ..... Maint. Engineer  
George Moreau ..... Maint. Supervisor  
Eddie Sanders ..... Maint. Engineer  
Harold Morrison ..... Maint. Tech.  
James Nolan ..... Maintenance Tech.  
Rodrick Gary ..... Maintenance Tech.  
Nicholas Parfait ..... General Maint.  
Kyle Chenier ..... General Maint.  
Darnell Sonnier ..... General Maint.  
Wiley Landry ..... Painter  
Brandon Morein ..... Painter  
Patricia Vallier ..... Janitorial Staff  
Genevieve Leopaul ..... Janitorial Staff  
Mary Collins ..... Janitorial Staff

## OFFICE HOURS

Monday–Friday ... 8:30 a.m.–5:30 p.m.  
Saturday ..... 10 a.m.–4 p.m.

**After-hours Answering Service**  
(337) 572-4131

[www.bayou-shadows.com](http://www.bayou-shadows.com)

**Did you know that you can:**

- Pay rent online
- Submit service requests
- Post items of interest

All on our website. Sign up now.

Please go to our website and rate us  
with our resident survey ... we would  
appreciate your feedback!!

## An Apple a Day

It's not fancy or trendy, but the familiar apple is just as good for you as Mom always said. The Iowa Women's Health Study has declared apples are very effective at reducing heart disease in older women. Other studies have found apples can lower the risk of lung cancer and type 2 diabetes.

## Motivational Tip

Don't let fear hold you back from trying something new, following a dream or pursuing a goal. Have enough faith in yourself to step out of your comfort zone and venture into the unknown. French author André Gide wrote, "One does not discover new lands without consenting to lose sight of the shore for a very long time."

# January 2014

| Sunday  | Monday                             | Tuesday  | Wednesday  | Thursday                           | Friday  | Saturday |
|---|------------------------------------|--|--|------------------------------------|---|----------|
| <i>Happy New Year</i>   |                                    |  | New Year's Day 1<br>Rent Is Due!<br>Office Will Be Closed! | 2                                  | 3   | 4        |
| Don't Miss It! Last Day to Pay Rent Before Late Fees Begin! 5 | Oh No! Late Fees Begin Today ... 6 | 7  | 8  | 9                                  | 10<br> | 11       |
| 12  | 13                                 | 14   | 15   | 16                                 | 17  | 18       |
| 19  | Martin Luther King Jr. Day 20      |  21 | 22   | 23<br>Pest Control Buildings 15-22 | 24<br>Pest Control Buildings 6-14   | 25       |
| 26  | 27                                 | 28   | 29   | 30                                 | 31  |          |

## Top Hollywood Movies on New Year's Day

A day for new resolutions, New Year's Day is also a wonderful time to take in a movie. Here are some recent top box office earners for New Year's Day along with how much money they took in that day. How many did you see?

- 1998: "Titanic" (\$11.6 million)
- 2002: "The Lord of the Rings: The Fellowship of the Ring" (\$10.2 million)
- 2003: "The Lord of the Rings: The Two Towers" (\$11 million)
- 2004: "The Lord of the Rings: The Return of the King" (\$12.8 million)
- 2007: "Night at the Museum" (\$11.5 million)
- 2008: "National Treasure: Book of Secrets" (\$9.7 million)
- 2009: "Marley and Me" (\$10 million)
- 2010: "Avatar" (\$25.3 million)
- 2012: "Mission: Impossible–Ghost Protocol" (\$10.1 million)

"Then & Now"