

August 2015





We are so happy that you chose to stay with us at Bayou Shadows.

find us on facebook!

Happy birthday to all of our residents this month!!



101 Westwood Drive Lafayette, Louisiana 70506 (337) 233-4428

Bayou Shadows Staff

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Martha Carver Community Mgr.
Margeaux Graham Assistant Mgr.
Bonnie Chenier Assistant Mgr.
Kishment McClosky Assistant Mgr.
Jillian Grant Assistant Mgr.
Chris Pellerin Maint. Supervisor
Fred Begnaud Maint. Engineer
Eddie Sanders Maint. Engineer
Harold Morrison Maintenance Tech.
James Nolan Maintenance Tech.
Rodrick Gary Maintenance Tech.
Nicholas Parfait Maintenance Tech.
Zachary Landry General Maint.
Darnell Sonnier General Maint.
James Meche General Maint.
Nicholas Menard General Maint.
Patricia Vallier Janitorial Staff
Genevieve Leopaul Janitorial Staff
Mary Collins Janitorial Staff
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OFFICE HOURS

Monday–Friday 9:00 a.m.–6:00 p.m. Saturday 10:00 a.m.–4:00 p.m.

After-hours Answering Service (337) 572-4131

www.bayou-shadows.com Did you know that you can:

- Pay rent online
- Submit service requests
- · Post items of interest
- All on our website. Sign up now.

Please go to our website and rate us with our resident survey ... we would appreciate your feedback!!

Easy Way to Cut Calories

Avoid hunger while dieting by eating meals with lots of bulk but not too many calories, such as green salads, cottage cheese and shrimp. Try eating half of your meal, waiting 15 to 20 minutes, then finishing your food; this will help you feel more satisfied.

History of the Purple Heart

On Aug. 7, 1782, Gen. George Washington created the Badge of Military Merit, shaped like a heart, as a meritorious service award. All but forgotten after the Revolutionary War, the Purple Heart was revived in 1932. In 1942, the award became limited to combat-wounded soldiers.

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Sunday	Monday		Wednesday		Friday	Saturday
		Aug	nst			1 Rent Is Due!
2	3	4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 Oh No! Late Fees Begin Today	7	8
9		11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27 Pest Control Buildings 1-5, 23, 24	28 Pest Control Buildings 25-30, 42	29

"This Month In History" AUGUST

1846: An act of Congress establishes the Smithsonian Institution. The museum and research complex was named for British scientist James Smithson, who bequeathed his \$500,000 estate to the U.S.

1902: Theodore Roosevelt becomes the first U.S. president to make a public appearance riding in a car.

1909: The Indianapolis Motor Speedway holds its first race. The track is home to the annual Indy 500, called the "Greatest Spectacle in Racing."

1926: At the age of 19, American Gertrude Ederle becomes the first woman to swim the 21 miles of the English Channel.

1932: Famed pilot Amelia Earhart flies from Los Angeles to Newark, N.J., making her the first woman to fly solo from coast to coast.

1959: President Dwight D. Eisenhower signs an executive order proclaiming Hawaii the 50th state of the union.

1961: Singer Patsy Cline records the ballad "Crazy" in Nashville.

1969: More than 500,000 people attend the three-day Woodstock Music and Art Fair at a farm near Bethel, N.Y. The Who, Jimi Hendrix and the Grateful Dead were among the festival's famous acts.

1996: Sprinter Michael Johnson breaks the world record in the men's 200-meter and wins a gold medal at the Summer Olympic Games in Atlanta.

2009: The U.S. Senate confirms Sonia Sotomayor as the nation's first Hispanic Supreme Court justice.

