

January 2016



# 101 Westwood Drive Lafayette, Louisiana 70506 (337) 233-4428 Challows APARTMENTS



We are so happy that you chose to stay with us at Bayou Shadows.



Happy birthday to all of our residents this month!!



### **Bayou Shadows Staff**

Martha Carver	Community Mgr.
Margeaux Graham	Assistant Mgr.
Bonnie Chenier	Assistant Mgr.
Kishment McClosky	y Assistant Mgr.
Jillian Grant	Assistant Mgr.
Tiffany Chaisson	Assistant Mgr.
Chris Pellerin	Maint. Supervisor
Fred Begnaud	Maint. Engineer
	Maint. Engineer
Harold Morrison	Maintenance Tech.
James Nolan	Maintenance Tech.
Rodrick Gary	Maintenance Tech.
	Maintenance Tech.
Darnell Sonnier	General Maint.
Nicholas Menard	General Maint.
Dean Bradley	General Maint.
Genevieve Leopau	I Janitorial Staff
Patricia Vallier	Janitorial Staff
Mary Collins	Janitorial Staff

### **OFFICE HOURS**

Monday-Friday	8:30 a.m5:30 p.m.
Saturday	10:00 a.m4:00 p.m.
Sunday	1 p.m5 p.m.

After-hours Answering Service (337) 572-4131

# www.bayou-shadows.com Did you know that you can:

- Pay rent online
- Submit service requests
- · Post items of interest

All on our website. Sign up now. Please go to our website and rate us with our resident survey ... we would appreciate your feedback!!

### **Pooh Corner**

Eat some honey in honor of Pooh Day on Jan. 18. Winnie-the-Pooh's creator, A. A. Milne, was born on this day in 1882.

### **Diet Tips for Dry Skin**

If colder weather is causing dry skin, avoid caffeine and spicy foods, which can dehydrate your body and intensify itching.

### **Rocky Mountain High**

Covering 415 square miles and reaching 14,259 feet at its highest point, Colorado's Rocky Mountain National Park was established Jan. 26, 1915. A wide variety of ecosystems makes the park the perfect home for species such as black bears, bighorn sheep, mountain lions, coyotes and elk.

## January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		NUAF	RY**		1 New Year's Day Office Closed Rent Is Due	2
3	4	Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 Oh No! Late Fees Begin Today	7	8	9
10	11	12	13	14	15	16
17	Martin Luther 18 King Jr. Day	19	20	21	22	23
24/31	25	26	27	28 Pest Control Buildings 15-22	29 Pest Control Buildings 6-14	30



**1849:** Elizabeth Blackwell graduates from medical school, becoming the first female doctor in the United States.

1922: For the first time, insulin injections are used successfully to treat diabetes in humans. A 14-year-old Canadian boy was the first to receive the treatment.

1943: Franklin D. Roosevelt becomes the first sitting U.S. president to travel by airplane. He flew to Morocco to meet with British Prime Minister Winston Churchill.

**1959:** Walt Disney releases "Sleeping Beauty," an animated feature film based on the fairy tale.

**1973:** The Miami Dolphins defeat the Washington Redskins in the Super Bowl and record the only perfect football season in NFL history.

**1988:** "The Phantom of the Opera" premieres on Broadway. It would become the longest-running show in Broadway history.

**1990:** McDonald's opens in Moscow, serving 30,000 people. It was the fast-food icon's first location in the Soviet Union.

**2004:** After a seven-month voyage, NASA's Mars robotic rover, named Spirit, touches down on the red planet.

**2010:** At a presentation in San Francisco, Apple CEO Steve Jobs unveils the iPad tablet computer.

**2011:** Created by talk show host Oprah Winfrey, the OWN cable TV network premieres.

